

My Gifts and Contributions to the World

Guiding Thoughts or Questions

- Think of words that best describe your child.
- Describe your child's personality.
- Describe your child's temperament.
- How does your child respond to being with other people?
- How do other people respond to being with your child?
- What have you learned from your child?
- How is the world better because of your child?



My Gifts and Contributions to the World

Images for My Future

Guiding Thoughts or Questions

Who Will I Spend My Time With?

- Think about all of the people who are important to your child now.
- Think about the people who you would like to have enter your child's life.

Where Will I Spend My Time?

- Where are the places that your child spends time now that he/she really likes?
- Are there places in your community where your child does not go now, but you would like to see him/her spend time there?
- Would you like to see your child spend more time in the community?

What Will I Spend My Time Doing?

- What does your child like to do now?
- How do other members of the family spend their time?
- Are there things that other members of the family do that you would like to see your child enjoy?
- What would you like for a school day to look like?
- What is important for your child to learn?

Images for My Future


Who Will I Spend My Time With?

Where Will I Spend My Time?


What Will I Spend My Time Doing?

Guiding Thoughts and Questions

**WHAT
WORKS
for ME**




- What calms your child?
- What pleases your child?
- What does your child enjoy doing?
- What are some of your child's favorites?
- What makes your child smile?
- What do you do to get your child's attention?
- What do you do to help your child stay on task for a longer period of time?
- Can you think of something that your child just can't get enough of?




- What upsets your child?
- What makes your child mad?
- What irritates your child?
- What are some things that your child absolutely does not like?
- What does your child avoid?
- What types of things distract your child?
- What frightens your child?

**WHAT
DOESN'T
WORK for
ME**

WHAT
WORKS
FOR ME



WHAT
DOESN'T



All About Me
Guiding Thoughts and Suggestions

Focus on the developmental areas that are the most important at this time.

A list of developmental areas, with a description and example of each is provided below; see Figure 2.

We suggest that you start with no more than three developmental areas.

Developmental Area	Description	Example of Skill
Gross or Large Motor	Movement using large muscles	Head control / Walking
Fine or Small Motor	Movement using small muscles	Grasping object / Writing
Oral Motor	Skills confined to the area of the face including mouth, tongue, lips, and jaw	Sucking / Chewing / Swallowing
Receptive Communication	Understanding a message sent from someone else	Responding to my name Following a direction
Expressive Communication	Expressing oneself	Letting someone know what you want
Social/Emotional	Interacting with others	Seeking attention
Cognitive	Thinking, reasoning	Cause and effect Problem solving
Adaptive	Work and study skills	Staying on task Waiting in line
Self-Help Skills	Daily living skills	Dressing / Toileting / Feeding self
Sensory – Vision	Learning through seeing	Focus on a person or thing / Visually follow a moving target

Sensory - Auditory	Learning through hearing	Turn to sound Identify different sounds
Sensory - Tactile	Learning through touch	Discriminating textures
Sensory - Vestibular	Responding to body movement in space and change in head position	Coordinate body movements
Sensory - Proprioception	Awareness of body position	Guiding arm or leg movements without looking at arms and legs
Sensory - Olfactory: Smell	Learning through smell	Discriminating between smells / Using smell to identify people, items, events
Sensory - Gustatory: Taste	Learning through taste	Discriminating between flavors

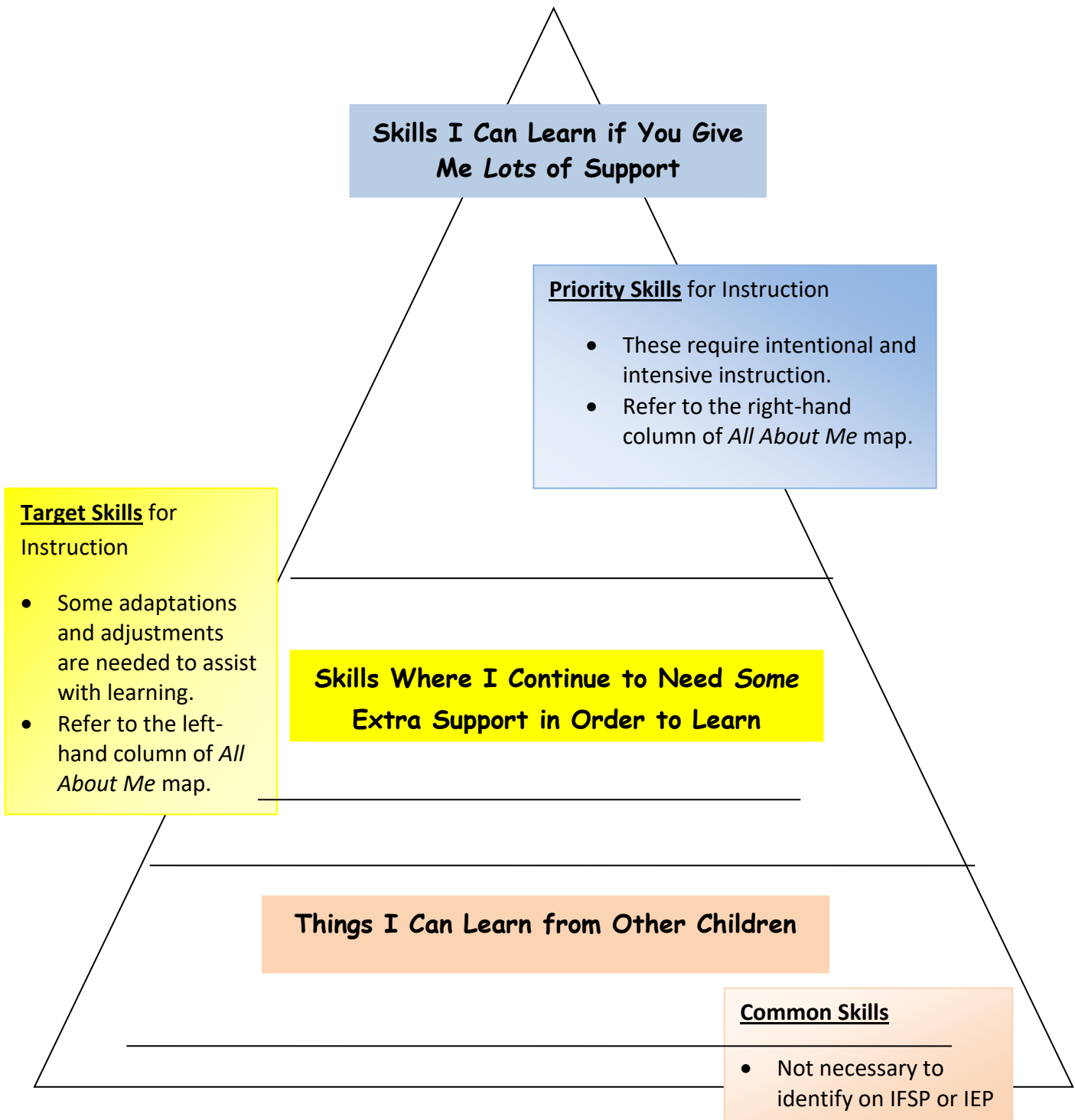
Figure 2. Explanation of Developmental A=

ALL ABOUT ME

Developmental Area:	
<p><u>Currently</u></p> <p>I can _____ _____:</p> <p>independently with assistance</p> <p>if you will:</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><u>Future</u></p> <p>I want to be able to _____ _____:</p> <p>independently with assistance</p> <p>so I will need for you to:</p> <p>_____</p> <p>_____</p> <p>_____</p>
Developmental Area:	
<p><u>Currently</u></p> <p>I can _____ _____:</p> <p>independently with assistance</p> <p>if you will:</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><u>Future</u></p> <p>I want to be able to _____ _____:</p> <p>independently with assistance</p> <p>so I will need for you to:</p> <p>_____</p> <p>_____</p> <p>_____</p>
Developmental Area:	
<p><u>Currently</u></p> <p>I can _____ _____:</p> <p>independently with assistance</p> <p>if you will:</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><u>Future</u></p> <p>I want to be able to _____ _____:</p> <p>independently with assistance</p> <p>so I will need for you to:</p> <p>_____</p> <p>_____</p> <p>_____</p>

Skills I Want and Need to Learn

Guiding Thoughts or Suggestions



Skills I Want and Need to Learn

Skills I Can Learn if You Give Me Lots of Support

Skills Where I Continue to Need Some Extra Support in Order to Learn

Things I Can Learn from Other Children

